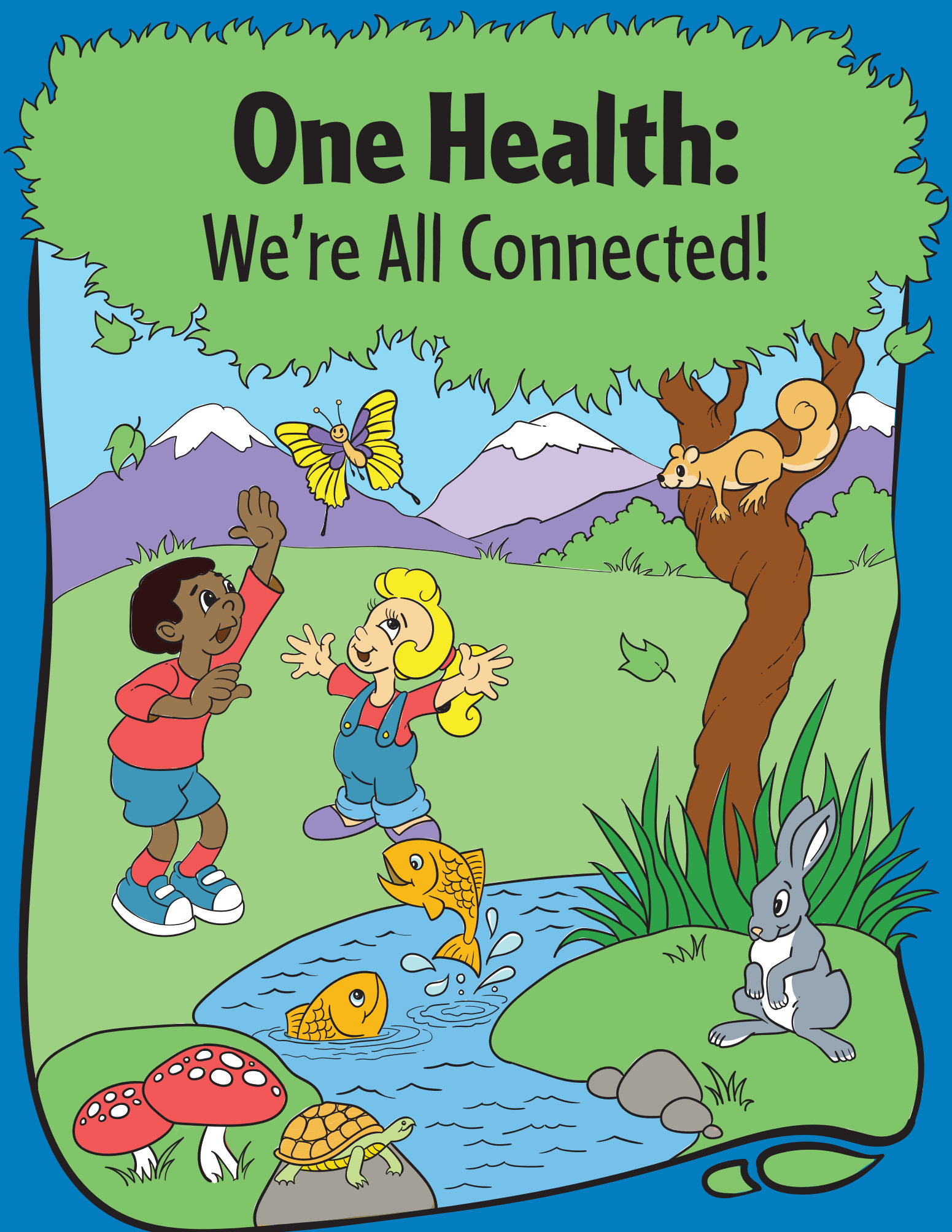
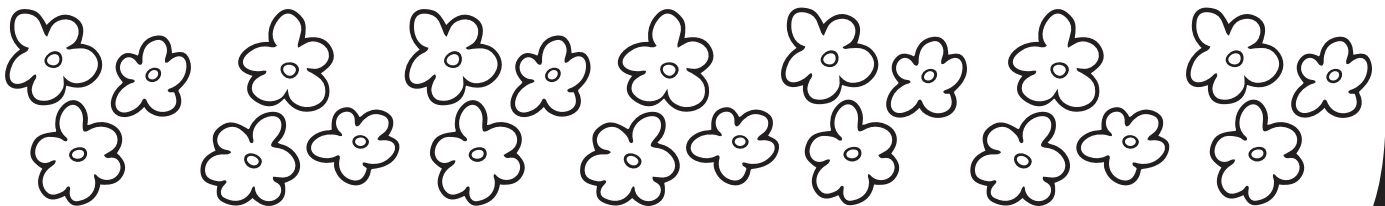
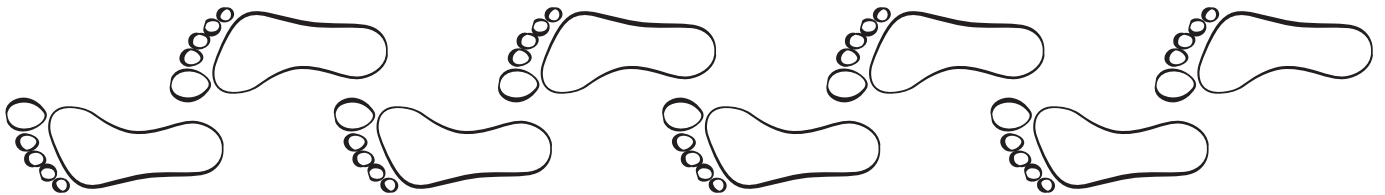
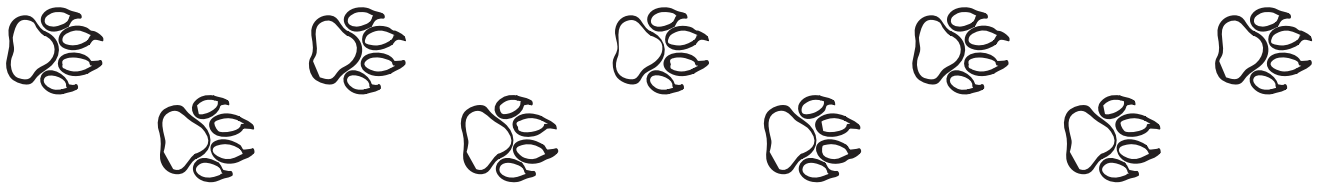
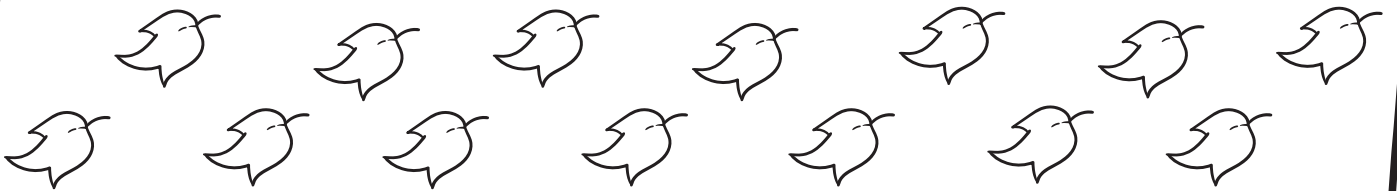
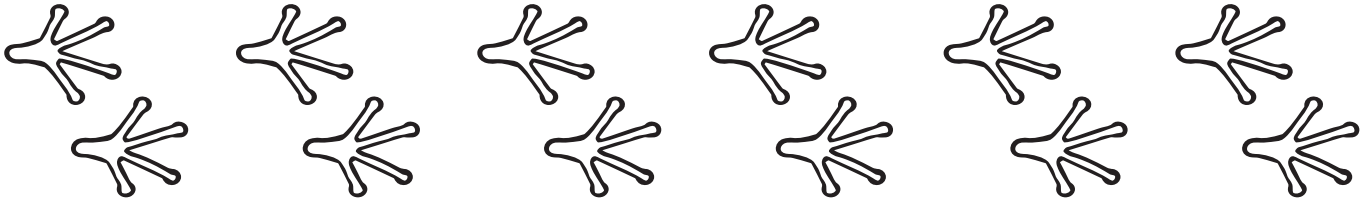
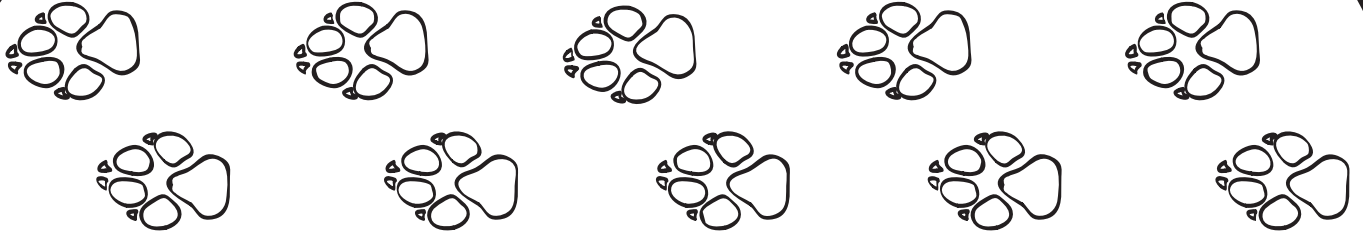
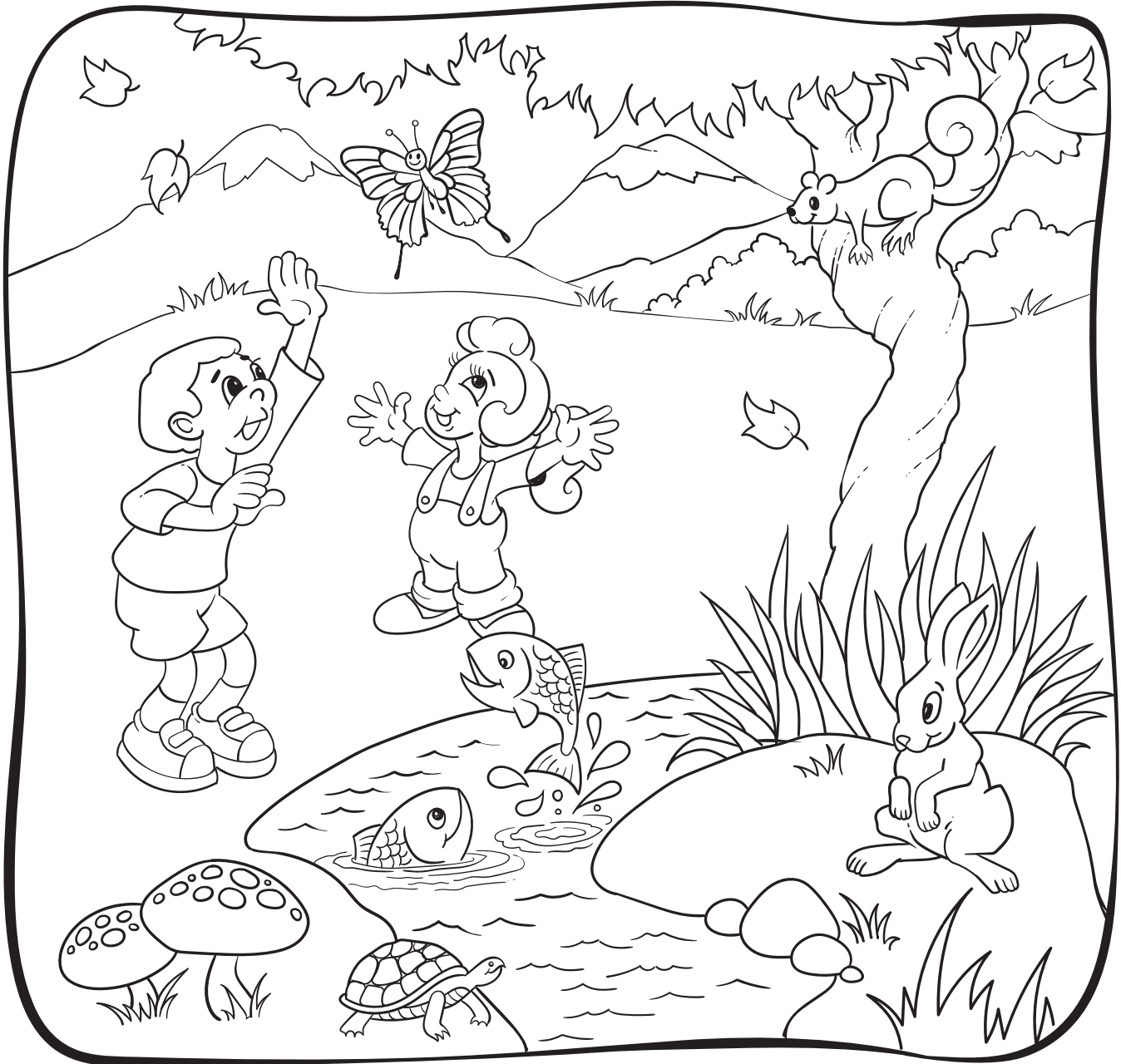


One Health: We're All Connected!





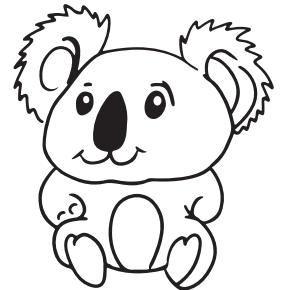
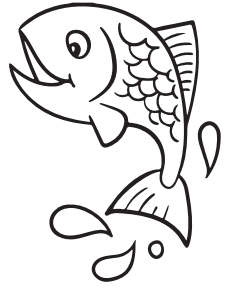
One Health: We're All Connected!



Name:

Note to Parents, Guardians, and Educators:

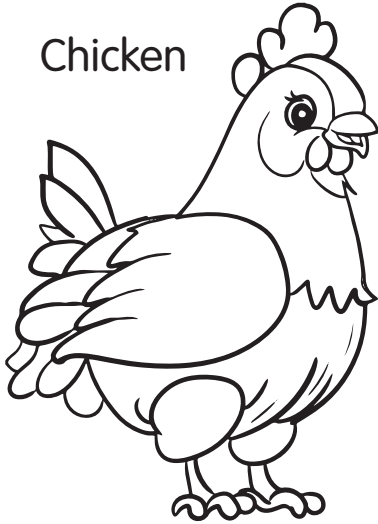
The Centers for Disease Control and Prevention has created this coloring book to offer parents, guardians, and educators an interactive way to talk to kids about how the health of people, animals, and the environment is all connected—known as One Health. It's important for children to know that being in nature, seeing animals, and interacting with the environment brings many benefits. It's also important for children to know that harmful germs can sometimes spread between people, animals, and our environment, but there are ways to stay healthy while enjoying animals and exploring nature. We hope you will encourage this book's use in your schools, communities, and at home to help children learn the about the connection between human, animal, and environmental health.



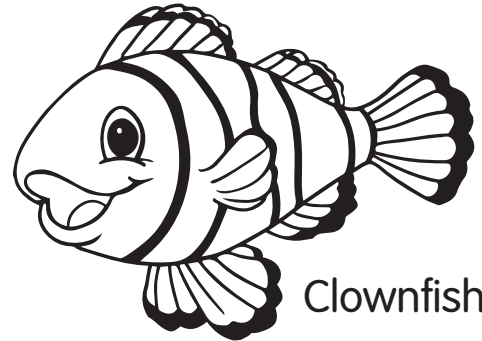
**We live on a planet
called Earth.**

**Earth has many kinds
of plants and animals.**

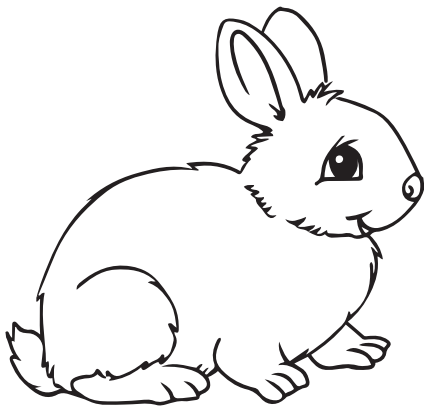
Chicken



Sunflower



Clownfish



Pet bunny



Oak tree



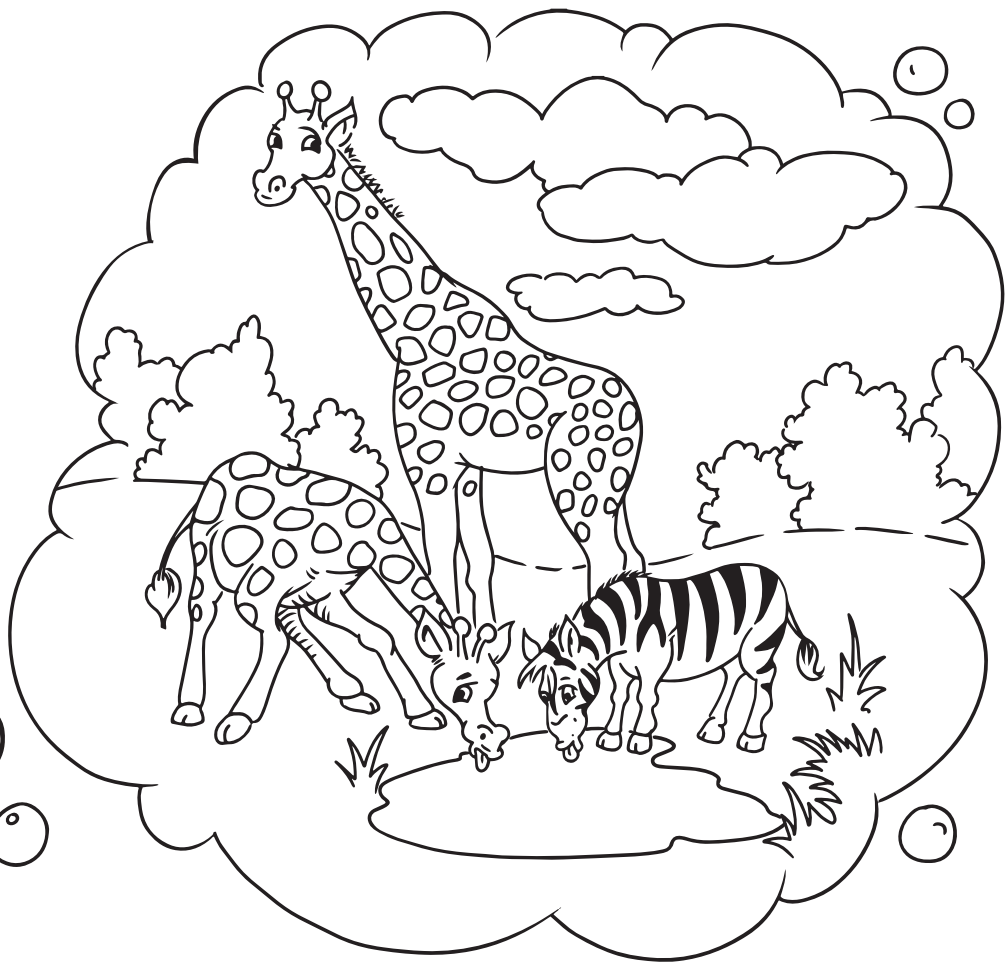
Tiger

What is your favorite animal?

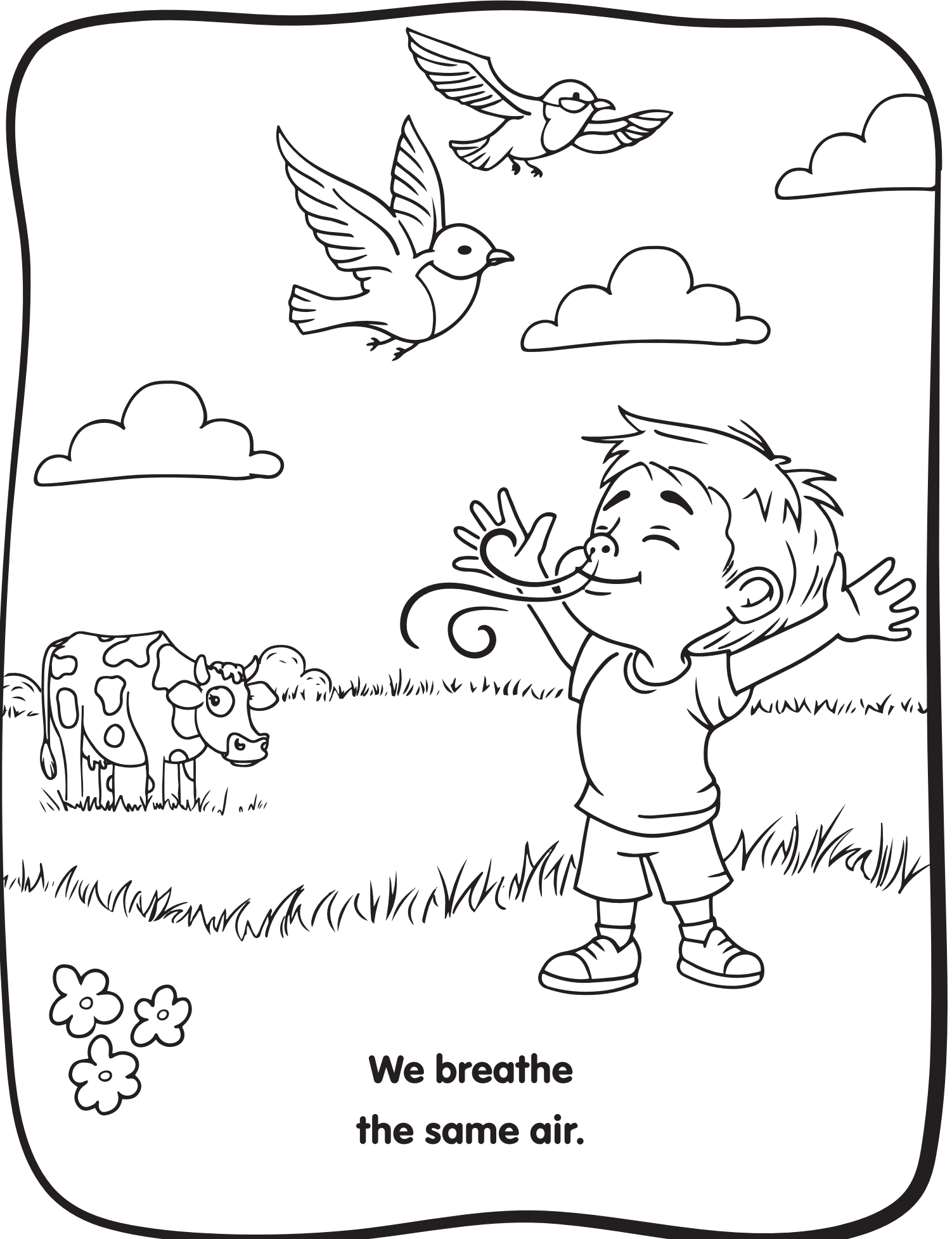


**People, animals, and plants
are very different.**

**But we all have some important
things in common.**



**We drink the
same water.**



**We breathe
the same air.**

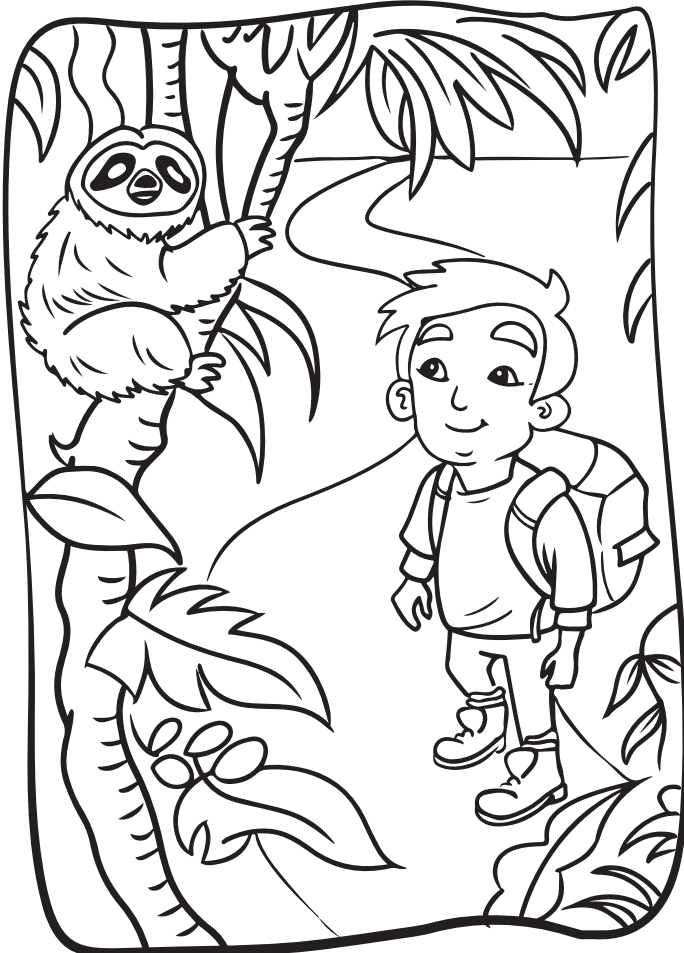


**We all share
the same home
(Earth)!**

**Your health is connected to other people,
animals, plants, and nature.**



This is called One Health!



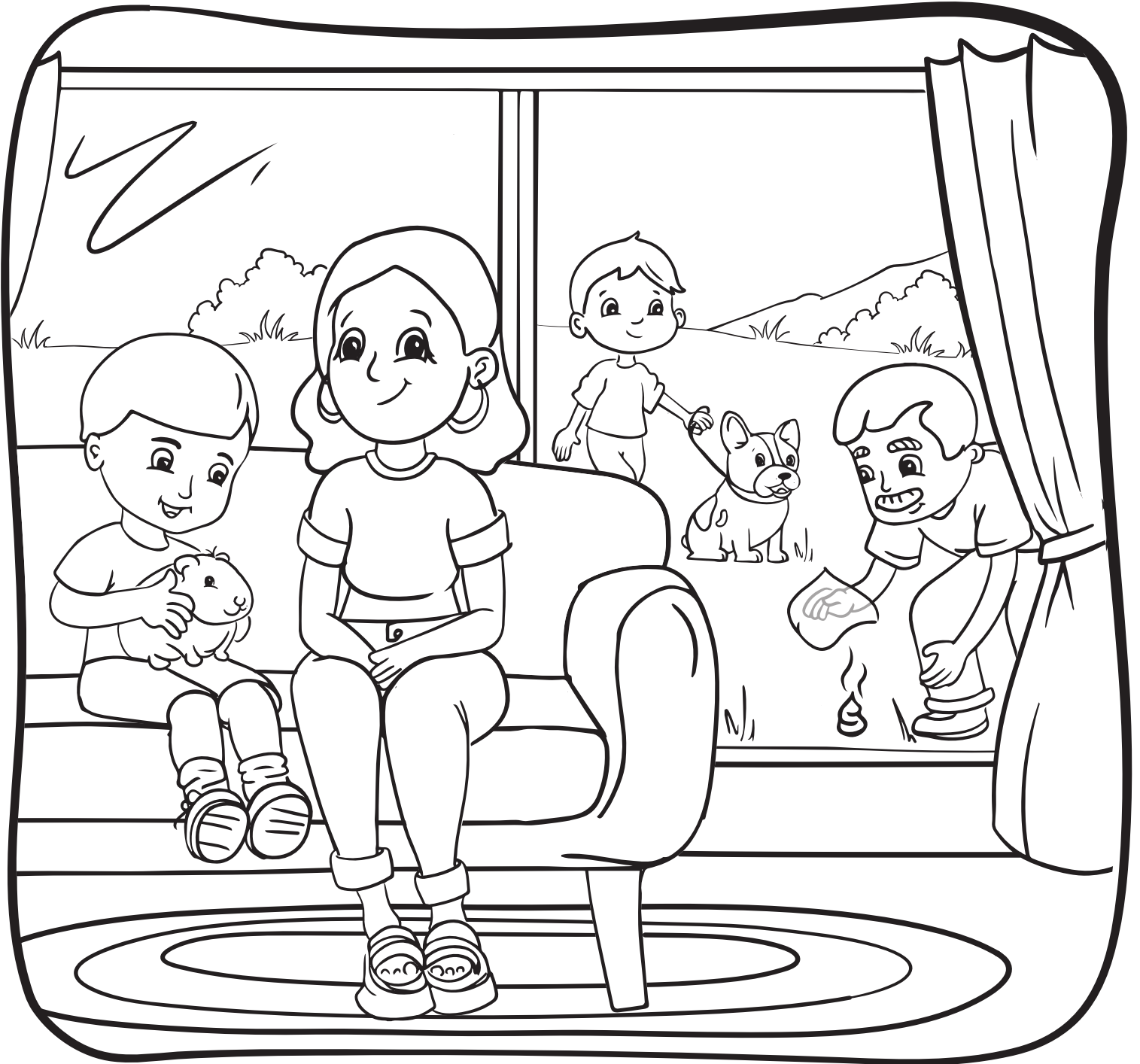
**One Health
heroes work
together
to keep people,
animals,
and nature
safe and healthy.**

You can be a One Health Hero too!

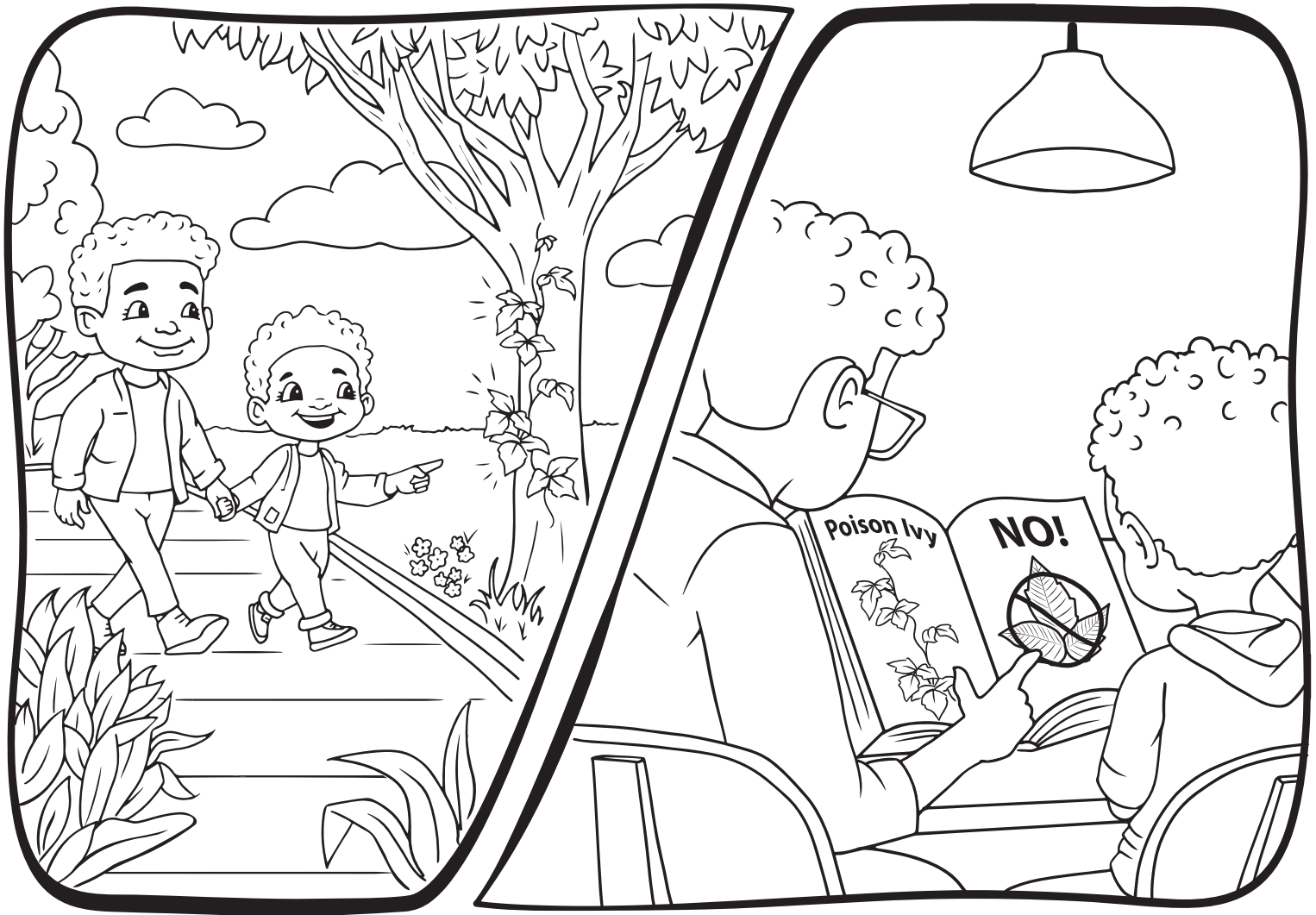
Here's how:



**Be nice to your pets
and nature.**

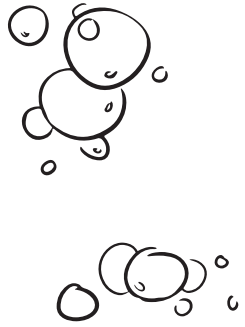
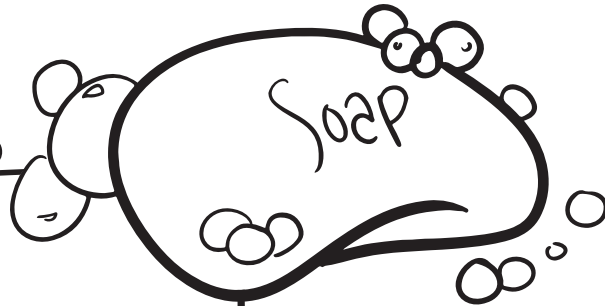
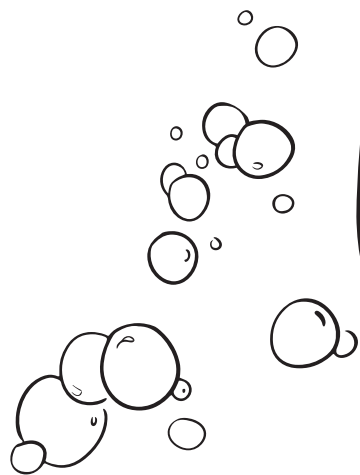


**Learn about
animals and plants
in your neighborhood.**



**Ask an adult about what you
should do when you see these
animals and plants.**

**Wash your
hands after
playing
outside...**



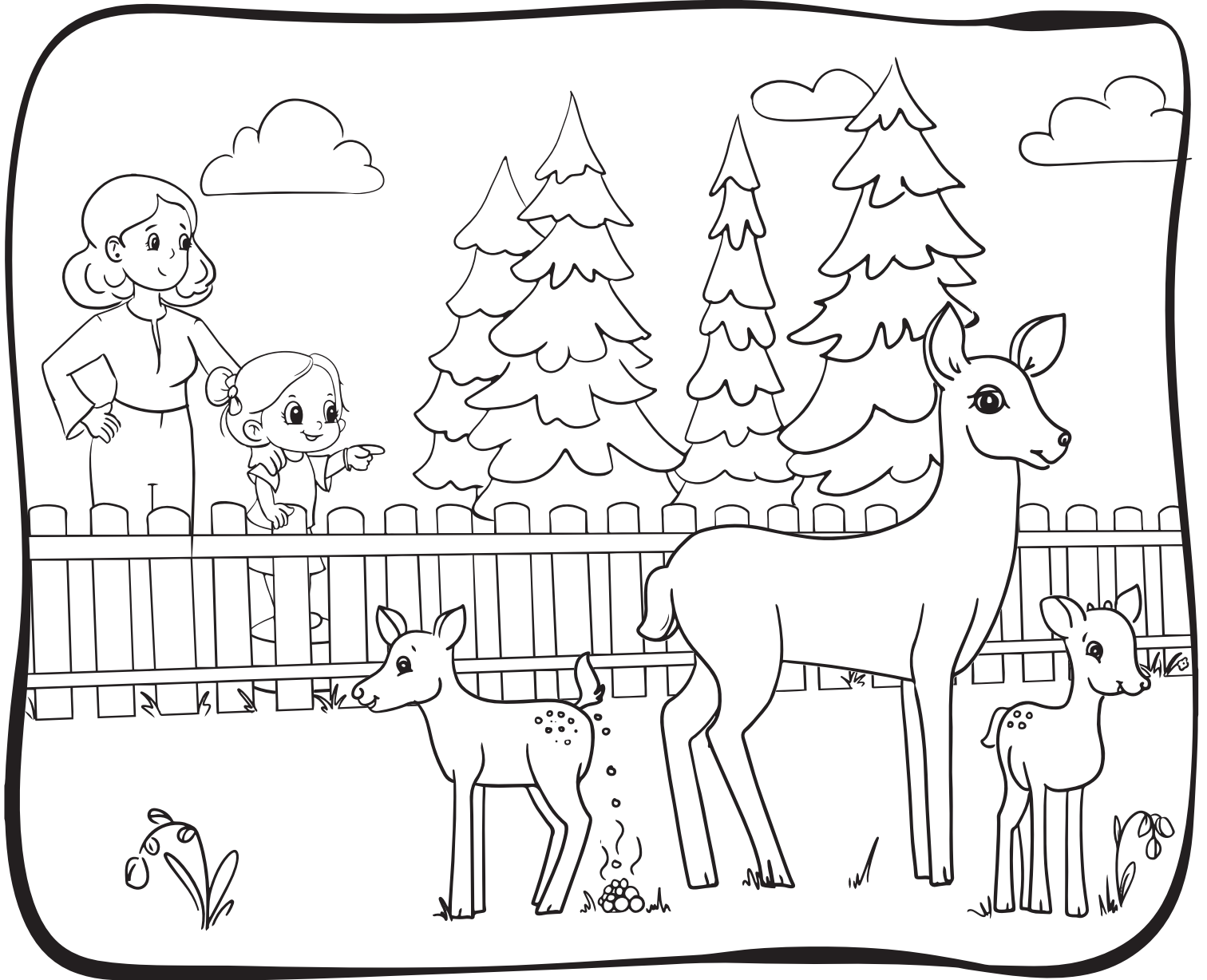
**Or after touching
pet toys, food,
or cleaning up
pet poop.**

Play in the dirt! But don't eat it.



Eating dirt could make you sick!

**Stay away from wild animals
(and their poop)!**



**Don't touch or feed wild animals.
They need lots of space.**

Together, we can be One Health Heroes.



Draw your superhero costume!



My pledge to be a One Health Hero:

I, _____, will protect the people, animals, and environment of Earth! To do this, I will:

1. _____
2. _____
3. _____



www.cdc.gov/onehealth



**U.S. Department of
Health and Human Services**
Centers for Disease
Control and Prevention